

COSTA RICA

WHAT TO PACK & DRESS CODE

What do I need to pack?

- Sleeping bag and pillow
- Bible, notebook/journal, and pen
- Camera and film
- Jacket or sweatshirt – IMPORTANT!
- Work Clothes (clothes you don't mind getting paint on or mud stains)
- Set of church clothes
- Towels and toiletries
- Casual clothes, preferably not shorts
- Sunscreen
- Sunglasses
- Hat/visor
- Bug spray
- Flashlight
- Any medications
- Raincoat and/or umbrella – IMPORTANT!
- Water bottle
- Swimsuit
- Small backpack or duffle bag

-What is the dress code?

Please be modest at all times. (One piece or very modest two piece bathing suits please.) Latins do not often wear shorts. (It is alright for you to wear shorts during your work project and on vacation days, but when we do ministry it would be better to wear pants.) Sleeveless shirts are alright for both guys and girls, however, muscle shirts and spaghetti-strap shirts should be left at home. Simply, please be sensitive to the culture around you and remember you are a guest in this country.